1, Market Hill, CHATTERIS, Cambs.

5th July, 1938.

To the Chairman and Lembers of the Chatteris Urban District Council.

Mrs. Barrett and Gentlemen,

1 her 1

Herewith I furnish my Report for 1937 as Medical Officer of Health.

Chief occupation of the District is Agriculture and Industries ancillary thereto. Employment is subject to seasonal variation but is fairly constant from year to year within those limits. Fenland which constitutes the greater part of the Parish Area is less suitable for mechanisation than other land and there is accordingly less tendency to the displacement of labour here compared with non fenland areas.

#### VITAL STATISTICS.

7 11 22 22 22	The second second second second	Total	<u>Males</u>	Female	<u>es</u>
Live (Births (	Legitimate	71	41	30	) Birth Rate per 1000 ) of estimated ) population 14.3
	( Illegitimate	2	-	2	population 14.3
Still B	irths	3	1	2	Rate per 1000 total (live and still) births 39.4
Deaths .		73	33	40	Death Rate per 1000 of estimated resident population 14.3 (Corrected 12.35)
Deaths f	from Puerperal ca	use l	Rate per births		total (live and still)

Death Rate of Infants under one year of age:-

and
The corrected Death Rate at 12.35 at the Birth Rate
at 14.3 compares closely with the figures for England and Wales at
12.4 and 14.9 respectively.

It is to be noted that for the first time for many years the number of Births has been equalled by the number of Deaths in this area, and this is in the absence of any fatal epidemic or similar event.

The general health of the town has been very good throughout the year and there has been practically complete freedom from epidemic disease of a serious nature.

The health of the children has continued good and unaffected by the fluctuations in employment, and there is no doubt that the ration of milk has been in many cases instrumental in preventing them from being adversely affected thereby.

## GENERAL PROVISION OF HEALTH SERVICES FOR THE AREA.

- (1) THE PUBLIC HEALTH STAFF comprises Medical Officer of Health and a Sanitary Inspector (both part-time). Their duties are those arising in connection with an Urban District of 5000 population in an agricultural area.

  A District Nurse is provided entirely by voluntary effort through the Rocal Nurshing Association. Her duties continue to be exclusively Medical and Surgical.

  Under the County Council arrangements a resident Midwife has been stationed here since July, 1937.
- (1)(ii)(a) LABORATORY FACILITIES are provided by the St. John's Hospital, Lewisham, under a special arrangement with the Sanitary Authority.
  - (b) ALBULANCE FACILITIES. An Ambulance is provided by the local Hospital Sunday Committee. Other Ambulances available are those from the Royal Red Cross and the Cambridge Borough Police. No special arrangements have been made for their co-ordination.
  - (c) NURSING IN THE HOME. A visiting nursing service is provided by the District Nursing Association. There is no service such as is provided by a system of Home Helps for Home Nursing.
  - (d) CLINICS. Infant Welfare Clinics are held weekly organised by the County Medical Authority.
  - (e) HOSPITALS. General Hospital provision for the District consists of Addenbrooke's Hospital, Cambridge, and the Memorial Hospital, Peterborough. Both are available for the town through an organised and voluntary contribution system and give perfectly efficient service. In addition Addenbrooke's Hospital is along with the Cambridge Borough Infectious Disease Hospital available for cases of infectious disease which need hospital treatment.

## SANITARY CIRCUMSTANCES OF THE AREA.

- (1)(i) WATER. The quality and quantity of this supply has been good although owing to the low pressure in the trunk mains prevalent during the summer months a considerable part of the town is without water during the greater part of the day for considerable periods. This creates a gravely insanitary condition and urgently demands remedy. No analyses chemical or bacteriological have been carried out during the year.
  - (ii) DRAINAGE AND SEWERAGE.

During the year new sewers have been laid in connection with the Burnsfield Building Area.

During the periods at which the water supply was defective the result of the inadequate flushing in the sewers was very obvious and insanitary. Otherwise the sewage system has been quite satisfactory.

- (2) RIVERS AND STREAMS. There are no rivers or streams in the area. The various water-courses are all artificial and under the administration of the various Fen Prainage Bodies.
- (3)(i) <u>CLOSET ACCOLLODATION</u>. Privies are practically extinct in the area. Conversion of Pail Closets to Water Carriage progresses but with the uncertain water supply such conversions are not always entirely advisable.
  - (ii) <u>PUBLIC CLEANSING</u>. This is carried out by the Council's Carts. The refuse is dumped on the outskirts of the town where a Destructor is in use.

Digitized by the Internet Archive in 2017 with funding from Wellcome Library

(3)(iii) SANITARY INSPECTION OF THE AREA. The following is taken from the Report of the Sanivary Inspector, Mr. Hipwell:-

"Inspections of properties in the District as to their "sanitary condition and in connection with Housing in the Urban

"Area are made more or less daily.

"Nuisances complained of and others which are located are "systematically reported to the persons concerned forthwith. "the majority of cases these are promptly attended to. "inspections are followed up by further visits and, generally, "it is found that the nuisances have been abated and improvements "made.

"Inspections during the year number 410.

"The sanitary condition of the District is reasonably good.

"Nuisances reported to me are generally of blocked drains often "giving off offensive smells, dirty back ways and slop sinks, "small accumulations of house refuse, etc. These matters with "care and attention can promptly be abated, and with ordinary "care might be avoided.

"The Shops Acts are in this Area administered by the County "Council and any sanitary defects located by the County Officials "are brought to the notice of the Urban District Council for

"attention.

"In this area we do not suffer from the prevalence of smoke and "no action in regard to smoke abatement has been necessary.

"The Public Sewers and Street Gulleys are in good order. "are periodically flushed and disinfected when thought necessary. "The collection of house refuse is carried out systematically; " collections over the town area are made on 5 days in each week.

"Slaughter-houses are inspected and duties under the Meat

"Regulations are carried out.

"Workshops in the town are visited periodically and reports "taken of conditions under which the businesses are carried on. "Inspections are made of Cowsheds and Dairies, Bakehouses, etc. "and defects noted and dealt with.

"Informal notices are issued in many cases. The great majority "of these are promptly attended to and the nuisances abated.

"Reports are made monthly to the District Council.

"Two Statutory Notices have been issued during the year.

"Cases of infectious disease notified are all followed up by "the disinfection of the premises by Formalin Vapour. "Disinfectants are distributed to the public on request.

"There are no swimming Baths or Pools in this Area.

"There has been no necessity for action fur action during the

"year with reference to the eradication of Bed Bugs.
"The inspection of houses under the Housing Acts and Public "Health Acts is carried out; defects are noted and repairs are "carried out in many cases.

"During the period under review a number of houses have been

"demolished.

- "During the year the Urban Council have completed the building "of 46 houses on the Burnsfield Estate and these houses are now "all occupied"
- (4) SCHOOLS. All the Schools are provided with a piped water supply and the sanitary conditions are normally very good, except at those times of deficient pressure in the water mains and the consequent lack of proper flushing. The absence of epidemic disease during the year has rendered the closure of schools unnecessary.
- In the early part of the year 46 houses on the Burnsfield Site were completed and occupied by families from condemned houses. Inspection and demolition of the most defective houses is carried out as fast as alternative accommodation becomes available.

## .HOUSING, (Contd.)

(1) Inspection of dwelling-houses during the year:-
(1)(a) Total number of dwelling-houses inspected for housing defects (under Public Health or Housing Acts)
human habitation
(2) Remedy of Defects during the year without Service of formal Notices.  Number of defective dwelling-houses rendered fit in consequence of informal action by the Local Authority or their officers.
Requests have been made on some owners asking for works to be carried out; some works have been done, but we have been too busy on other housing matters to proceed with this work with the energy one would like.
(3) Action under Statutory Powers during the year:- (a) Proceedings under Sections, 9, 10 and 16 of the Housing Act, 1936:
<ul> <li>(1) Number of dwelling-houses in respect of which notices were served requiring repairs Nil</li> <li>(2) Number of dwelling-houses which were rendered fit after service of formal notices:-</li> </ul>
(a) By owners
(2) Number of dwelling-houses in which defects were remedied after service of formal notices:- (a) By owners
(b) By Local Authority in default of owners None (c) Proceedings under Sections 11 and 13 of the Housing Act, 1936: (1) Number of dwelling-houses in respect of which Demolition Orders were made
(d) Proceedings under Section 12 of the Housing Act, 1936: None.
(4) Housing Act, 1936 - PartIV - Overcrowding:-
(a)(i) Number of dwellings overcrowded at end of year 26 (ii) " " families dwelling therein
(c)(i) " " cases of overcrowding relieved fluring
the year
taken steps for the abatement of overcrowding None.
INSPECTION AND SUPERVISION OF FOOD. Supervision of the milk supply and the administration of the Food and Drugs Acts are carried out by the County Council.
No special action has been necessary in connection with the keeping of meat and other food shops. Slaughter houses and other places connected with the preparation and distribution of food have been inspected and found to be well kept. It has not been necessary
to condemn any carcases or parts of carcases during the year.

Warding Arcept from instruction in this subject that is given in the Schools there is no systematic instruction given in this area.

## FRITALENSFOR, AND CONTROL OVER, INFECTIOUS AND OTHER DISEASES.

(2) Infectious notifiable disease during the year has been entirely specialic in incidence.

Diphtheria has been entirely absent.

In all three cases each of Scarlet Fever and Pneumonia were notified.

In the early part of the year there were small epidemics of Greman Measles and Whooping Cough, none of which terminated flocally. All the cases were nursed in their own homes.

insofur as the control over infectious disease goes this must be by dealing with the channels of infection. Segregating the viscims of infection in one building is practically useless as a check to the spread of infection. "Isolation Hospitals" as a means of checking and controlling the spread of epidemics have been pronounced to be ineffective (Report No. 35 on Public Health & Lectual Euclical Euclicas, Ministry of Health). This fact is confirmed by subsequent research which shows that roughly only about one case has two of Scarlet Fever infection develops a typical rash. Removal on such case leaves at least one other at home to contribute to the spread on the disease.

cases of all of which may be met with in an ordinary multiple-badded Ward) account for the fact that from 50 to 70 per cent of cases admitted to such Ward contract a second and often more severe type of disease during their stay, i.e. "cross infection" which would not have happened had the parties been left at home.

The same thing is true of diphtheria.

Under these circumstances it is not easy to see what good purpose is served by the ordinary Isolation Hospital in reference to which a well known authority has said that ".....and Isolation "Hospitals have been enormously expensive and much of the money might be spent to better purpose".

Free diphtheria anti-toxin is provided by the Council. Confidence that the case will be dealt with in its own mm home results in the earliest possible information and notification of the disease which very materially conduces to the success of the treatment.

# EXETTELABLE DISEASES DURING THE YEAR 1937. Admitted

Disease	Cases notified	Ages	to Hospital	Deaths.
Scarlet Fever Freumonia		3,7, & 2 <del>1</del> . 3, 34 & 36		None None

PREVENTION OF BLINDNESS. No action in connection with the prevention of blindness has been required during the year.

I BFIDULOSIS. Action has not been called for under the Public Lealth (Prevention of Tuberculosis) Regulations, 1925, or Sec. 52 of the Public Health Act, 1925.

Particulars of new cases and deaths:

ice Periods.	Pu	w Cases lmonary Female	Deaths Non Pulmonary Male Female.
5 <b>-</b> 25 <b>-</b>	 1	2	
25 -		-	<u> </u>
Totals	1	2	1 1

(Signed) R.E. NIX,

